

56th Jesuit - Sheaner Relays

March 27-28, 2020

FRIDAY

March 27, 2020

6:30 pm **3,200 Meter Run - race order: Girls; Boys** Timed Final

SATURDAY

March 28, 2020

FIELD EVENTS

8:00 am **Boys 6A Long Jump**
Boys Triple Jump 5A

8:30 **Boys 5A High Jump**
Boys 6A Shot Put
Boys Discus 5A

9:30 **Boys Pole Vault 5A & 6A**
(starting height 12'0")
Session I will end at 13'6"
Session II will resume at 11:00 am with the bar at 14'0"
Vaulters entering at the beginning of session II
will be given a 40-minute warm-up period.

10:30 **Boys Long Jump 5A**
Boys 6A Triple Jump

10:30 **Boys Shot Put 5A**
Boys High Jump 6A
Boys 6A Discus

11:30 **High Jump Girls**

12:00 **Long Jump Girls**
following Long Jump **Triple Jump Girls**

12:30 **Shot Put Girls**
following Shot Put **Discus Girls**

1:30 **Pole Vault Girls**



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RUNNING EVENTS MORNING SESSION

race order: Girls; 5A Boys; 6A Boys

7:00–8:25 am	Track Open for practice	
8:30 am	Distance Medley Relay - <u>Boys Only</u> 1200m, 400m, 800m, 1600m	Timed Final
<i>Rolling Schedule</i>	4 x 100 Meter Relay - <u>Boys Only</u>	Preliminary
	800 Meter Run – <u>Section 1</u>	Timed Final
	100 / 110 Meter High Hurdles	Preliminary
	100 Meter Dash	Preliminary
	400 Meter Dash	Preliminary
	300 Meter Intermediate Hurdles	Preliminary
	200 Meter Dash	Preliminary
	1,600 Meter Run – <u>Section 1</u>	Timed Final

AFTERNOON SESSION

1:00–2:15 pm	Track Open for practice	
2:25 pm	Opening Ceremonies	
2:30	4 x 100 Meter Relay	Timed Final
2:45	800 Meter Run – <u>Section 2</u>	Timed Final
2:55	100 Meter High Hurdles	Timed Final
3:05	110 Meter High Hurdles	Timed Final
3:15	100 Meter Dash	Timed Final
3:25	4x200 Meter Relay	Timed Final
3:40	400 Meter Dash	Timed Final
3:50	300 Meter Hurdles	Timed Final
4:05	200 Meter Dash	Timed Final
4:15	1,600 Meter Run – <u>Section 2</u>	Timed Final
4:30	4 x 400 Meter Dash Relay	Timed Final

