

# 53<sup>rd</sup> Jesuit - Sheaner Relays

March 24-25, 2017

## FRIDAY

March 24, 2017

**6:30 pm**      **3,200 Meter Run - race order: Girls; Boys**      Timed Final

## SATURDAY

March 25, 2017

### FIELD EVENTS

**8:00 am**      **Boys 6A Long Jump**  
**Boys Triple Jump 5A**

**8:30**      **Boys 6A High Jump**  
**Boys 6A Shot Put**  
**Boys Discus 5A**

**9:30**      **Boys Pole Vault 5A & 6A**  
**(starting height 12'0")**  
**Session I will end at 13'6"**  
**Session II will resume at 11:00 am with the bar at 14'0"**  
Vaulters entering at the beginning of session II  
will be given a 40 minute warm-up period.

**10:30**      **Boys Long Jump 5A**  
**Boys 6A Triple Jump**

**10:30**      **Boys Shot Put 5A**  
**Boys High Jump 5A**  
**Boys 6A Discus**

**11:30**      **High Jump Girls**

**12:00**      **Long Jump Girls**  
following Long Jump      **Triple Jump Girls**

**12:30**      **Shot Put Girls**  
following Shot Put      **Discus Girls**

**1:30**      **Pole Vault Girls**



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### RUNNING EVENTS MORNING SESSION

race order: Girls; 5A Boys; 6A Boys

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7:00–8:25 am	Track Open for practice	
8:30 am	Distance Medley Relay - <b>Boys Only</b> 1200m, 400m, 800m, 1600m	Timed Final
9:00	4 x 100 Meter Relay - <b>Boys Only</b>	Preliminary
<i>Rolling</i>	100/110 Meter High Hurdles	Preliminary
<i>Schedule</i>	100 Meter Dash	Preliminary
	400 Meter Dash	Preliminary
	300 Meter Intermediate Hurdles	Preliminary
	200 Meter Dash	Preliminary
	1,600 Meter Run – <b>Section 1</b>	Timed Final

### AFTERNOON SESSION

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1:30–2:00 pm	Track Open for practice	
2:15 pm	Opening Ceremonies	
2:30	4 x 100 Meter Relay	Timed Final
2:45	800 Meter Run	Timed Final
3:15	100 Meter High Hurdles	Timed Final
3:20	110 Meter High Hurdles	Timed Final
3:30	100 Meter Dash	Timed Final
3:40	4x200 Meter Relay	Timed Final
3:55	400 Meter Dash	Timed Final
4:10	300 Meter Hurdles	Timed Final
4:25	200 Meter Dash	Timed Final
4:45	1,600 Meter Run – <b>Section 2</b>	Timed Final
5:00	4 x 400 Meter Dash Relay	Timed Final

