

53rd Jesuit - Sheaner Relays

March 24-25, 2017

FRIDAY

March 24, 2017

6:30 pm **3,200 Meter Run - race order: Girls; Boys** Timed Final

SATURDAY

March 25, 2017

FIELD EVENTS

8:00 am **Boys 6A Long Jump**
Boys Triple Jump 5A

8:30 **Boys 6A High Jump**
Boys 6A Shot Put
Boys Discus 5A

9:30 **Boys Pole Vault 5A & 6A**
(starting height 12'0")
Session I will end at 13'6"
Session II will resume at 11:00 am with the bar at 14'0"
Vaulters entering at the beginning of session II
will be given a 40 minute warm-up period.

10:30 **Boys Long Jump 5A**
Boys 6A Triple Jump

10:30 **Boys Shot Put 5A**
Boys High Jump 5A
Boys 6A Discus

11:30 **High Jump Girls**

12:00 **Long Jump Girls**
following Long Jump **Triple Jump Girls**

12:30 **Shot Put Girls**
following Shot Put **Discus Girls**

1:30 **Pole Vault Girls**



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RUNNING EVENTS MORNING SESSION

race order: Girls; 5A Boys; 6A Boys

7:00–8:25 am	Track Open for practice	
8:30 am	Distance Medley Relay - Boys Only 1200m, 400m, 800m, 1600m	Timed Final
9:00	4 x 100 Meter Relay - Boys Only	Preliminary
<i>Rolling</i>	100/110 Meter High Hurdles	Preliminary
<i>Schedule</i>	100 Meter Dash	Preliminary
	400 Meter Dash	Preliminary
	300 Meter Intermediate Hurdles	Preliminary
	200 Meter Dash	Preliminary
	1,600 Meter Run – Section 1	Timed Final

AFTERNOON SESSION

1:30–2:00 pm	Track Open for practice	
2:15 pm	Opening Ceremonies	
2:30	4 x 100 Meter Relay	Timed Final
2:45	800 Meter Run	Timed Final
3:15	100 Meter High Hurdles	Timed Final
3:20	110 Meter High Hurdles	Timed Final
3:30	100 Meter Dash	Timed Final
3:40	4x200 Meter Relay	Timed Final
3:55	400 Meter Dash	Timed Final
4:10	300 Meter Hurdles	Timed Final
4:25	200 Meter Dash	Timed Final
4:45	1,600 Meter Run – Section 2	Timed Final
5:00	4 x 400 Meter Dash Relay	Timed Final

